

NUTRAFOL

Nutrafol Clear Skin Nutraaceutical

From the #1 dermatologist-recommended hair growth supplement brand.^{1*}

We leveraged the whole-body approach you know and trust to create a breakthrough Nutraaceutical to address mild to moderate, non-cystic acne in women 18+. This physician-formulated, 100% drug-free, vegan formula offers your patients a new way to face acne—one that targets internal root causes to deliver visible results in 4-12 weeks.^{1*}



Reduces **acne** and **breakouts**^{1*}

Improves **post-acne dark spots**^{1*}

Reduces **blackheads** and **skin redness**^{1*}

Improves **skin clarity** and visibly improves **texture** and **tone**^{1*}

Balances **oil production** while improving **skin hydration**^{1*}

A whole-body approach to acne.*

To help patients achieve clearer, smoother skin, we're focusing on what you don't see. Clear Skin Nutraceutical targets **bio-specific root causes of acne in adult women** with our **Synergen Skin Complex** and standardized ingredients that support skin health.*

Stress

Short-term and/or daily stress, including physical and emotional stress such as intense exercise or a demanding job.

Hormones

Changes in hormones can happen due to lifestyle and life stage, including menstruation or menopause.

Immune Function

Refers to your body's protection and defense system.

Metabolism

Influences how the body absorbs and uses nutrients, including those needed for skin health.

Lifestyle

Oxidative stress and environmental triggers like your surroundings, the products you use, and the food you eat.

Microbiome

Includes the gut and skin microbiomes and their role in the balance of gut bacteria and immune response.



Holy Basil

Clinically shown to balance the body's response to daily stress as a root cause of acne.^{2,3,*}



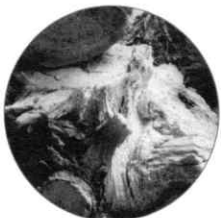
Maca

Formulated to accompany Selenium, which targets normal hormonal fluctuations.^{4,5,*}



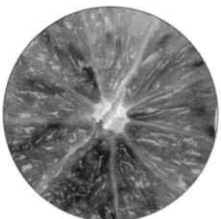
Curcumin

Extracted from Turmeric to promote a healthy immune response.^{6,7,*}



Berberine

Balances metabolism as a root cause of acne.^{8,9,*}



Sicilian Orange

Supports a healthy response to oxidative stress and improves dark spots.^{10,11,*}

Postbiotic *L. plantarum*

Improves the diversity of gut flora for healthy digestion and increases hydration in the skin.^{12-14,*}

With additional key ingredients to provide antioxidant support, address oil production, and increase skin hydration.^{15-18,*}

Free of gluten, dairy, soy, sugar, hormones, drugs, gelatin, artificial colors and flavoring.
Non-GMO tested. Halal.

Clinically tested for improved skin health—from the inside out.*

In a 12-week clinical study evaluating the efficacy of Nutrafol Clear Skin Nutraceutical in subjects with non-cystic acne (ages 18-50)^{1,†}:

85% showed significant improvement in IGA scores for acne severity.

87% showed significant improvements in total non-inflammatory lesion count.

69% showed significant improvements in total inflammatory lesion count.



Before



Week 12

Participants also showed significant improvement in clinically graded skin quality parameters over 12 weeks^{1,†}:

85% showed significant improvement in visual skin texture.

85% showed significant improvement in tactile skin smoothness.

80% showed significant improvement in visual redness.

80% showed significant improvement in acne marks.



Before



Week 12

Additionally, 72% of subjects showed a decrease in sebum and 74% showed an increase in skin hydration.^{22,†}

Your patients' path to clear skin.*

1-4 weeks

Vitamins, minerals, probiotics, and natural botanicals reduce stress levels, promote metabolism, support the gut microbiome, and target free radicals to help **balance oil production, reduce acne breakouts, and promote skin cell turnover.**^{1-3,8-11,15,16,19-21,*}

5-8 weeks

Ingredients begin to target normal hormonal fluctuations that can cause monthly breakouts to **improve skin clarity, promote smoother texture, increase skin hydration, and reduce redness.**^{1,4,5,*}

9-12 weeks and beyond

Ingredients continue to promote a healthy immune response and support healthy digestion to decrease acne overall for **visibly clearer skin and improved post-acne dark spots.**^{1,18-23,*}

Consistency leads to clarity.



Photos taken during a consumer perception study. Results may vary.

Ask your Nutrafol Business Development Manager about exclusive pricing for our healthcare professional partners.

Formulated for women 18+ with non-cystic acne.

†According to IQVIA ProVoice survey for 12 months ending March 31, 2023.

*For non-cystic acne.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1. Nutrafol. Data on file. 2023. 2. Lopresti, A. *Front. Nutr.* 2022. 3. Sampath, S. *Indian J Physiol Pharmacol.* 2015. 4. Razavi, M. *Horm Metab Res.* 2016. 5. Ross, A. *Bloomberg School of Public Health.* 2012. 6. Gopi, S. *Phytother. Res.* 2017. 7. Sahebkhari, A. *Pharmacological Research.* 2016. 8. Petrangolini, G. *Evidence-based Complementary and Alternative Medicine.* 2021. 9. Rondanelli, M. *Nutrients.* 2021. 10. Nobile, V. *Nutrients.* 2022. 11. Puglia, C. *Journal of Cosmetic Dermatology.* 2014. 12. Nakai, H. *Journal of Immunotoxicology.* 2021. 13. Tanaka, Y. *European Journal of Nutrition.* 2019. 14. Yoshitake, R. *Front. Med.* 2022. 15. Health Canada. *Lycopene Monograph.* 2009. 16. Chen, J. *J Med Food.* 2013. 17. Venkataramana, S. *BMC Complementary Medicine and Therapies.* 2020. 18. Uchiyama, T. *Journal of Health Science.* 2008. 19. Cuentas, A. *J Prob Health.* 2017. 20. Colom, J. *Beneficial Microbes.* 2023. 21. Feedman, K. *Int. J. Mol. Sci.* 2021. 22. EFSA. *EFSA Journal.* 2015. 23. Konijeti, G. *J Clin Endocrinol Metab.* 2016.

NUTRAFOL 2024 © SKIN SHIPPING INSERT SKU 0000670

